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DEPOSITORY

Aging

U. S. DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE

No. 62—December 1959

NCJW Directors Support WHCA

The National Board of Directors of the National Council of Jewish Women on October 27 pledged its support for active participation in the White House Conference on Aging. NCJW, which pioneered in establishing services for older adults, plans to cooperate in every way to insure the success of the Conference and to promote its theme—"Aging With A Future—Every Citizen's Concern."

All of the ten Regional NCJW conferences scheduled for the spring of 1960 will include program sessions on the WHCA. The National Office plans to supply a steady flow of information to its Sections on preparations and activities for the Conference.

The President of the National Council of Jewish Women, Mrs. Charles Hymes, is serving on the National Advisory Committee for the White House Conference on Aging, and is also Chairman of the WHCA Planning Committee on National Voluntary Services and Service Organizations.

The following program was adopted:

1. 240 local Sections, and Regionals will be asked to adopt resolutions supporting the Conference.
2. Sections shall be urged to offer their services fully and actively in pre-Conference planning and meetings in their local communities and States.
3. All Regional conferences will be asked to allow time for discussion of the WHCA.
4. Council will arrange for publicity on national and local participation in the Conference.
5. NCJW will:
 - a) make a survey of the recreational activities desired by older persons (through Sections with recreational programs for the aging).
 - b) re-evaluate its Golden Age Club and

Center programs from the point of view of organization, programing, and volunteer participation.

- c) prepare material for an institute or lecture series on family relationships and the aging.
6. Study groups on family relations will be tried in two or three Sections on an experimental basis.
7. Information summarizing NCJW's activities nationally and locally during the pre-Conference period will be collated and submitted to the WHCA both at the State and at the national level.

For further information: National Council of Jewish Women, Inc., 1 W. 47th St., NYC 36.

Additional WHCA Grants

Six additional grants for the White House Conference on Aging program have been made since *Aging* No. 61. 49 States and Territories have now received WHCA grants. Governors' designees, and the amounts awarded, are:

FLORIDA—\$15,000:

Mr. B. R. Fuller, Jr., Executive Director
Florida Development Commission
Carlton Building, Tallahassee.

IDAHO—\$5,000:

Mr. B. Child, Commissioner
Department of Public Assistance
Boise.

ILLINOIS—\$15,000:

Mr. Peter W. Cahill, Executive Secretary
Illinois Public Aid Commission
160 N. LaSalle St., Chicago 1.

SOUTH CAROLINA—\$15,000:

Mrs. Martha Thomas Fitzgerald, Chairman
S. C. Legislative Committee on Aging
Columbia.

TEXAS—\$15,000:

Mr. Jess M. Irvin, Jr.
Director, Budget Division
Governor's Office, Austin.

VIRGIN ISLANDS—\$10,000:

Mr. Macon Berryman, Commissioner
Department of Social Welfare
Charlotte Amalie.

1959 Housing for the Elderly

— How Government Helps

Federal aids on housing specifically for the elderly first became available three years ago when the Housing Act of 1956 was passed. They were recently broadened through several provisions of the Housing Act of 1959 (P.L. 86-372), which was signed into law by the President on September 23. Federal housing agencies are concerned with these special programs:

Housing and Home Finance Agency

The HHFA, through its Administrator and his seven regional offices, is charged with the overall coordination of Federal housing programs. Constituent agencies under the HHFA include the Federal Housing Administration, Public Housing Administration, Federal National Mortgage Association, Community Facilities Administration, and Urban Renewal Administration.

To assist in providing rental housing for the elderly, HHFA was authorized to administer a new program of direct Federal loans to private nonprofit corporations for rental housing projects for the elderly. No funds have yet been appropriated for this program.

Federal Housing Administration

To facilitate purchase of housing by older people, persons over 62 who buy homes with FHA-insured mortgages may borrow money for down payment and closing costs from a source acceptable to FHA, and may have co-signers on their mortgages where necessary to meet mortgage credit standards.

To facilitate financing of rental housing projects designed specifically for the elderly, FHA insures mortgages on new or rehabilitated projects developed by either profit or nonprofit sponsors for occupants over 62. If the sponsors are nonprofit, the mortgage may amount to 100 percent of replacement cost on new-construction projects, or on the total value in the case of existing structures. Sponsors for profit are eligible for 90 percent of replacement cost and value.

To help provide accommodations for people of all ages who need skilled nursing care but not hospitalization, FHA administers a program of mortgage insurance (maximum: 75 percent of value) on proprietary nursing homes which furnish skilled nursing care. While it is separate from FHA's program on housing for the elderly, this mortgage insurance affects many older people who are occupants of nursing homes for long periods of time.

Public Housing Administration

Although elderly families with low income were previously eligible for low-rent public housing (because there never has been an age limit for

eligibility), no *single* elderly persons were admitted to low-rent dwellings prior to the housing amendments of 1956. Under these amendments, single persons 65 or older were, for eligibility purposes, considered to be a family and entitled to a suitable low-rent unit.

The new Housing Act of 1959 has further amended the basic housing law by lowering age limits for elderly persons to conform to those under the Social Security Act—65 for men, 62 for women, and 50 for disabled persons. The new law also strengthened housing policy for elderly persons by declaring that "in the development of low-rent housing it shall be the policy of the United States to make adequate provision for . . . families consisting of elderly persons."

As reported in several New Jersey newspapers, 62-year old Mrs. Mary Ford, a widow in Jersey City, became the first woman in the nation to move into a federally subsidized public housing project under new reduced age limits. The age requirement for single females to rent in public housing projects was reduced by the 1959 law from 65 to 62.

Federal National Mortgage Association

To help provide funds for financing housing for the elderly, FNMA under its special-assistance functions, may make commitments to purchase FHA-insured mortgages for housing for the elderly from private lenders.

Additional information on aids to the elderly under the Housing Act of 1959 is available from the Director of Information of the Housing and Home Finance Agency, Washington 25, D. C., or from HHFA regional offices in New York, Philadelphia, Atlanta, Chicago, Fort Worth, San Francisco, and San Juan (P.R.).

California Homecoming Queen

Information for this item was submitted by Mr. Thomas Rambo, field representative in the San Diego Social Security District Office.

This season's Homecoming Queen at Southern California's Oceanside-Carlsbad College was elected in a landslide victory (270 out of 300 votes) in recognition of her status as the most exuberant coed on campus.

As a sophomore English major, Irene Horvath writes fashion and book review columns for the college newspaper, has several novels waiting to be edited and one already in the hands of a literary agent, is active in the Spartan Club, sells tickets for campus functions, makes clothes for her family, studies 15-20 hours weekly to keep up with her fulltime academic load, sleeps eight and one-half hours every night, never takes naps, and is never tired.

Irene has an active life of accomplishment

already behind her: She was unable to walk until age four because of polio; she published a book of poetry at nine; she was a recognized fashion designer at fifteen; she has been married and widowed; she has ventured into the business world as a store owner; and recently—in order to pursue her chosen career of creative writing—she returned to school.

The first known college homecoming queen who is also a social security old-age beneficiary, Irene celebrated her 72nd birthday last summer.

North Carolina's Week on Aging

This article was submitted by Mrs. James W. Read, Executive Secretary of the North Carolina Governor's Coordinating Committee on Aging, Education Building, P. O. Box 2599, Raleigh.

North Carolina held up a mirror to its citizens last July: reflected back were both pleasing images of the status of its aging population, and clear indications of continuing needs that should be met.

The mirror was in the form of a concentrated week, designated by proclamation of Governor Hodges as a Special Week for calling attention to the interests, needs, and problems of the aging. The Governor urged "all North Carolinians to observe this week in all appropriate ways which will bring added happiness, health and welfare to the aging individuals in the State's population."

Statewide activities for this Special Week were coordinated through the Governor's Coordinating Committee on Aging which had already sponsored a similar week in 1958. This Committee represents three educational institutions, industry, and State agencies with responsibilities relating to older citizens.

County representatives of State agencies were alerted to the publicity and service potentials of the Week. They furnished local newspapers with facts about the older population in their immediate areas, describing their needs and available services. Copies of the Proclamation and a special pamphlet, "Facts on Aging," were sent to civic and religious organizations, churches, schools, and homes for the aging, in letters asking appropriate emphasis through these organizations.

Members of the Governor's Committee spoke at conferences, clinics, and other meetings. At least 23 talks and interviews were presented over radio and TV. Dozens of spot announcements and other reminders for the Week were broadcast by most of the 88 radio stations and 11 TV stations in the State.

Mayors of larger cities issued their own proclamations.

With experience in sponsoring several one-day county workshops on problems and potentials of aging citizens, the Governor's Committee was able to channel information and activities through

local planning committees. In some counties, the Special Week (both in 1958 and in 1959) served as a stimulus for workshops by civic, church, and service agency groups. Publicity for the statewide project served the additional purpose of furthering the local activities, and vice versa.

In Buncombe County, for example, a widely attended workshop in 1958 had been held a few days after the Special Week. Interest was such that a second workshop was projected for the following year, and with the same advantageous timing, a well-planned workshop entitled "What Older Citizens Really Want" was held immediately following the 1959 Special Week on Aging.

The older citizens themselves participated enthusiastically. Open house was held at 17 homes for the aging, and by Senior Citizens' Clubs. Residents were sent gifts or honored at social events by church groups and others. Members of Golden Age Clubs took part in radio and TV broadcasts, and were the subjects of feature stories in newspapers. At least 47 special articles appeared in daily and weekly newspapers over the State.

Other press notices included 16 known editorials, with the probability that some others were not recorded by the Committee. Articles were written by specialists in the field of aging, and appeared in agency publications and house organs for public welfare, labor, recreation, library, and employment security groups, and in bulletins of churches and church-related organizations. Special exhibits were displayed in libraries and university centers.

Typical newspaper stories concerning the Week stressed that "Older persons *are* being remembered. But, once remembered, action must be taken. They need more than remembrance."

One newspaper editorialized: "Improving their lot is more than a one-week, once-a-year project, but by setting aside a special week to emphasize, perhaps Tar Heels will be inspired to more active interest throughout the year."

Did the Special Week have meaning for the citizens themselves? At least a portion of the answer was reported from one church-sponsored Home for the Aging, many of whose 175 residents sent copies of their mimeographed bulletin to friends and relatives in other States. Letters came back wondering if "North Carolina might be doing a little more for their aged than other States."

Thus the mirror in which North Carolina examined its attitudes on old age may have reflected images of needs for citizens of other States. In addition, it has provided an honest look at today's realities, as well as a clear indication of what the future holds for all citizens who are concerned with the process of aging.

Special Staff on Aging

U. S. DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE

ARTHUR S. FLEMMING, Secretary

Published to share and exchange information about programs, activities, and publications among interested individuals, agencies, and organizations, under approval of the Bureau of the Budget dated August 22, 1957.

Subscriptions (\$1.00 for 12 issues, 50¢ additional for foreign mailing, or 10¢ for single copies) should be addressed to Superintendent of Documents, U. S. Government Printing Office, Washington 25, D. C.

All other communications may be sent directly to Editor of *Aging*, Special Staff on Aging, U. S. Department of Health, Education, and Welfare, Washington 25, D. C.

Baltimore "Operation Joblift"

Sixteen organizations and nearly 100 individuals either sponsored, endorsed, or participated in the program for "Operation Joblift," an Earning Opportunities Forum for mature workers in Baltimore.

This Forum, particularly for men and women in their 40's and 50's rather than those of retirement age, brought together employers and mature workers for frank discussions on the occupational facts of life. It consisted of two 2-hour sessions with several short talks and a panel discussion by business, government, and community authorities. An added feature was a presentation of brief success stories by mature workers who had experienced and successfully overcome employment problems. Employment and educational counselors were available for consultation at the close of each session.

The Forum attracted an audience of 650 people, including 75 business and industrial executives, 300 older employees and representatives from civic groups, public and private agencies, and interested citizens. Sponsors of the Forum included the State Commission on the Aging, the Maryland Department of Employment Security, the State Conference of Social Welfare, the U. S. Department of Labor, the Baltimore Association of Commerce; and local business, industrial, and community organizations.

An interesting highlight at the luncheon was the announcement by Governor Tawes that Maryland was removing age limitations as a barrier to employment in the State government.

For further information: Mrs. Eleanor B. Kuhfuss, Staff Specialist, Services to Older Workers, Department of Employment Security, 6 N. Liberty St., Baltimore 1.

Regional Representatives for Aging

The Listing of "Regional Representatives for Aging" published on page 2 of *Aging* 58 (August) has been changed during the last few months with the appointment of new representatives in some offices. A new listing is provided for ready reference.

The full title in each case is

REGIONAL REPRESENTATIVE
WHITE HOUSE CONFERENCE ON AGING
U. S. DEPARTMENT OF HEALTH, EDUCATION,
AND WELFARE

Region I: Mr. James C. Hunt
120 Boylston St., Boston 16, Mass.
Phone: Hubbard 2-6550
CONN., MAINE, MASS., N.H., R.I., VT.

Region II: Mr. Edmond J. Sabatini
Room 1200, 42 Broadway, New York 4, N.Y.
Phone: Whitehall 3-2424
DEL., N.J., N.Y., PENNA.

Region III: Mr. H. Burton Aycock
700 East Jefferson St., Charlottesville, Va.
Phone: CHARlottesville 3-5181
D.C., KY., MD., N.C., VA., W.VA., P.R., V.I.

Region IV: (Through Regional Director)
50 Seventh St., N.E., Atlanta 23, Ga.
Phone: TRinity 6-3311
ALA., FLA., GA., MISS., S.C., TENN.

Region V: Miss Verna Due
Room 712, New Post Office Building
433 W. Van Buren St., Chicago 7, Ill.
Phone: WABash 2-8550
ILL., IND., MICH., OHIO, WISC.

Region VI: Miss Amelia Wahl
2305 Federal Office Building
911 Walnut St., Kansas City 6, Mo.
Phone: BALtimore 1-7000
IOWA, KANS., MINN., MO., NEBR., N.D., S.D.

Region VII: Mr. Clarence M. Lambright
9th Floor, 1114 Commerce St., Dallas 2, Texas
Phone: RIVERSide 8-5611
ARK., LA., N.M., OKLA., TEXAS

Region VIII: Dr. William T. Van Orman
Room 551, 621 17th St., Denver 2, Colo.
Phone: KEYstone 4-4151
COLO., IDAHO, MONT., UTAH, WYO.

Region IX: Mr. Donald C. Sutcliffe
447 Federal Office Building
Civic Center, San Francisco 2, Calif.
Phone: KLondike 2-2350
ARIZ., CALIF., NEV., OREG., WASH., ALASKA,
HAWAII, GUAM

Back sets of *Aging* have been assembled by the Special Staff on Aging, and a number of nearly-complete sets (61 issues through November) are available for information, background, and historical interest in the field of aging.

Requests for these sets will be handled strictly on a first-come-first-served basis. To expedite handling, please use a postcard addressed to *Aging*, U.S. Dept. of HEW, Washington 25, D. C., and indicate only your name and address, and "back set."

Junior Friendly Visiting

The 1958-1959 *Annual Report* of the Los Angeles County Committee on Aging and Senior Citizens Service Center includes this very interesting account of a "Junior Friendly Visiting" project. For more information: Arthur H. Tryon, Executive Director of the Senior Citizens Service Center, 306 W. Third St., Los Angeles 13.

After planning and developing a Junior Friendly Visiting Program with a few individual Girl Scout troops who requested Senior Citizens Service Center assistance, a pilot demonstration study was initiated in October 1958, cooperatively with the Los Angeles Girl Scout Council.

The Center became consultant to this youth organization. Various Girl Scout districts joined into the program under Council aegis, with a number of Junior High School Troops participating on a regular, continuous, year-round schedule of individualized visits to elderly residents of sheltered care homes.

Purpose of the program was to stimulate and enliven interest among the aged individuals so as to help lessen their loneliness and dejection, to enable them to feel more accepted, and to stimulate new hope and a happier outlook on life while they were in a sheltered care home environment. An added special phase of the project was to have the Junior Girl Scout approach the visiting of the aged as though they were adopting a grandparent.

The Los Angeles Senior Citizens Service Center, as consultant, motivated the development and expansion of this service so that it both adds to the growth of the visitor and meets the needs of the visitee.

First step was to work with lay and professional leadership in setting up methods and techniques for planning, preparing, and launching the program. Names of sheltered care facilities were obtained through various public licensing agencies. Positive relations were established with cooperative operators and managers of the homes.

The Girl Scout Office initiated publicity for the project in metropolitan and local newspapers. A staff consultant was assigned to facilitate orientation and training of the Scouts and the Adult Leaders, and to plan the visits to the homes in coordination with the Leadership of the Girl Scout Coordinating Program Committee.

Activities that have been fostered include gardening, birthday celebrations, quiet games, handicrafts, and making of gifts with the aged for distribution to children in hospitals. The girls visit the homes at least once a month, helping and learning from their elders in a two-way exchange of experiences. Initially, ten Girl Scout troops were involved in the pilot project, with visits made to sheltered care homes with guests ranging from six to over 25 in number.

NEWS ITEMS

The John Hay Whitney Foundation, 630 Fifth Ave., NYC 21, reports the appointment of eleven emeriti professors to the Whitney Visiting Professors Program for 1959-60. Cooperating, as in the past six years, is the New York Foundation.

The Whitney Visiting Professors Program has a dual purpose: to honor retired university and college professors who have achieved distinction, and to strengthen teaching of the humanities in small, independent, liberal arts colleges throughout the country. 63 Whitney Visiting Professors and 39 New York Foundation Visiting Professors have received one-year teaching appointments to 73 different institutions since 1952. Funds are provided jointly by the foundations and host colleges.

Appointments of visiting professorships this year were made at Centre College of Kentucky, Danville, Ky.; Hampden-Sydney College, Hampden-Sydney, Va.; C. W. Post College, Brookville, N.Y.; Rollins College, Winter Park, Fla.; Wilkes College, Wilkes-Barre, Penna.; Rockford College, Rockford, Ill.; Columbia College, Columbia, S.C.; Cornell College, Mt. Vernon, Iowa; Wheaton College, Norton, Mass.; Birmingham-Southern College, Birmingham, Ala.; Austin College, Sherman Texas.



The University of Michigan has received a \$32,000 grant from DHEW to conduct an International Research Seminar on social and psychological aspects of aging in relation to mental health. A planning session for this seminar was held last month, attended by four international experts: Dr. Martin Roth, professor of psychological medicine, University of Durham, England; Dr. Jean-Rene Treanton, Institute des Sciences du Travail, University of Paris; Dr. Henning Friis, director, Danish National Institute of Social Research; and Dr. A. T. Welford, Nuffield Research Unit on Problems of Aging, Cambridge, England. The seminar will be held in San Francisco in August, 1960.

For more information: Dr. Wilma Donahue, 1510 Rackham Bldg., Ann Arbor, Mich.



The cornerstone ceremony for the new Frasier Meadows Manor, Boulder, Colo., initial project of the Rocky Mountain Methodist Homes, Inc., took place October 4. Dr. Ben H. Christner, Executive Director, advises that the new office for the home is located at 2200 South University, Denver 10. Construction at the Manor is moving right along, and indications are that it will be completed next spring.

A new retirement community in Arizona, west of Peoria, is being built by the Del E. Webb Construction Co., So. 23rd Ave., Phoenix. According to the (Tucson) *Arizona Daily Star*, the multi-million-dollar project will be built on 20,000 acres purchased recently from the Baswell Ranch. The project is designed for retired or semiretired persons. Site preparation has been under way for more than three months.

Plans call for construction of 1,600 houses. The first segment will include 550 units at a cost of more than 6½ million dollars. The homes will cost \$8,000 to \$11,500.

The community is to have commercial, recreational, and medical facilities. There will be a golf course, a community center, a stage, and a swimming pool. A motor hotel is included in the planning to accommodate travelers.



A one-year pilot study of the adjustment of elderly people in their home environment has been started at the University of Oregon by two members of the sociology department.

Under a grant of approximately \$19,000 for the current year from the National Science Foundation, Walter T. Martin, head of the department, and Professor John M. Foskett have started the study which will be aimed at obtaining factual information on the living situations of elderly people, the clubs and organizations to which they belong, and their general welfare.



The first international institute for experimental research in gerontology (defined as the study of biological and physiological changes with age) has been set up at the University of Basle, Switzerland, according to the *New York Times*.

Under the leadership of Professor F. Verzar, the research work will be concentrated on the aging of the tissues (senescence) of small animals, which ordinarily have a short life span.



A special service which may enable older persons to buy medication and pharmaceuticals at 25% below regular retail prices has been established for members of the National Retired Teachers Association and the American Association of Retired Persons.

Two mail-order centers, in Washington and Altadena, Calif., have been established. Others will be opened soon "in all major population areas, including New York," according to Dr. Ethel Percy Andrus, president of the two associations.

AARP-NRTA headquarters is at 925 15th St., NW, Suite 44, Washington 5, D.C.

Start of a new "Meals on Wheels" program during November was reported in the newsletter, NSO, of the Neighborhood Service Organization, 51 West Warren, Detroit. Sponsored by the Neighborhood House Board of Directors as part of the Herman Gardens Geriatrics Project, one hot meal and a light evening meal prepared in a central kitchen provided by the Detroit Board of Education is delivered by volunteers to aged or infirm persons who would otherwise be unable to have a proper nutritious diet.

Another feature of Herman Gardens is a housing unit, provided by the Detroit Housing Commission and staffed by N.S.O., which offers case-work service, a drop-in center for older residents, and cooperates with other agencies in bringing services to those who need them.

Herman Gardens in northwest Detroit, administered by the Detroit Housing Commission, is a two-story, landscaped housing project with 2106 units. About 1,100 residents are past the age of 60.



The Moss Rehabilitation Hospital (13th St. and Tabor Rd., Philadelphia 41) has started construction on its new \$1,500,000 building for rehabilitation and long-term care. Financed in part through Hill-Burton funds, it will be located on the grounds of the Albert Einstein Medical Center. The program will be fully integrated with that of the general hospital and will have capacity for 124 patients. More information: Mr. Martin Kaplan, Executive Director of the Moss Rehabilitation Hospital.



The National Office of Vital Statistics (PHS), on the basis of its estimates of 1958 death rates by age, recently released its life expectancy estimates for the year 1958.

| Age | Life Expectancy (in years) | |
|-------|----------------------------|------|
| | 1957 | 1958 |
| Birth | 69.3 | 69.5 |
| 1 | 70.2 | 70.4 |
| 10 | 61.6 | 61.8 |
| 20 | 52.0 | 52.2 |
| 30 | 42.7 | 42.8 |
| 40 | 33.4 | 33.5 |
| 45 | 29.0 | 29.1 |
| 50 | 24.8 | 24.9 |
| 55 | 20.9 | 21.0 |
| 60 | 17.3 | 17.3 |
| 65 | 14.0 | 14.0 |
| 70 | 11.2 | 11.2 |
| 75 | 8.6 | 8.6 |
| 80 | 6.4 | 6.3 |
| 85 | 4.8 | 4.7 |

The Roseburg (Oreg.) *News-Review* reports that the new 100-room Forest Glen Retirement Home is scheduled to be in operation near Canyonville, Oregon, before the end of next year. Dr. Rollin Falk, administrator of the Forest Glen Clinic, is chairman of the board for the new home.

The modernistically designed six-story structure will contain 60,000 square feet of floor space. It will be built on a three-acre site just south of the present clinic. Cost is estimated at \$600,000 to \$750,000.

Facilities in the Home will include both rooms and apartments with a capacity of about 150 persons.

The Home is intended especially for persons retired from lower income brackets. A \$1,500 membership plus \$110 to \$120 per month will entitle residents to life care.

Included will be a dining room, large lobby, offices, kitchen, chapel, hobby room, assembly hall, recreation room, and other facilities. At the south end of each floor will be a spacious, glassed-in sun lounge. The home will use the nearby clinic as its infirmary and the clinic, in turn, will use kitchen facilities at the home.

The project is being developed largely by members of the Seventh-Day Adventist Church, but there is no official connection with the Oregon Conference of that Church.



Information for this item was submitted by Mr. Herbert Shore, *Newsletter* Editor for the Texas Society on Aging, 2525 Centerville Rd., Dallas 28.

The Texas Society on Aging's recent annual meeting reflected the diversified disciplines and interests of its membership. Featured speaker was former President of the National Home Builders Association and member of the Advisory Committee to the WHCA, Mr. Richard Hughes of Pampa. He urged builders "not to overlook the new features of the Housing Act of 1959 which will provide more housing for elderly citizens than all the other programs combined at less cost to local, State and national government than any other program."

Other sessions dealt with: "Preparation for Aging," "Full Employment in an Expanding Economy," and "What Lies Ahead for the State in the Coming Year." Major attention was paid to "recent developments in health care programs with emphasis on prepayment plans, health insurance, etc." This session illustrated the very complex nature of the problem.

State officials participated in 9 programs describing plans for the Governor's Conference on Aging, and problems facing the State in caring for seniles in State Hospitals.

A new retirement residence, Wesley Palms, is being built on a scenic 40-acre site in the Pacific Beach Section of San Diego by Pacific Homes Corporation, 5250 Santa Monica Blvd., Los Angeles 29, a nonprofit corporation of the Southern California-Arizona Conference of the Methodist Church, which operates seven other homes for retired people.

According to the Huntington Park (Calif.) *Signal*, Wesley Palms is planned to combine the care many elderly people need and the independence most of them want. It will have a capacity for 370 guests, and has been planned as a cottage community, with small private dwellings clustered around a central five-story building.

Applications for life membership have already been received from teachers, clergymen, doctors, nurses, businessmen, and farmers. Lifetime residents are provided not only a permanent home, but also complete medical care, the companionship of others their own age, and an environment typified by the motto: "Never regret growing old—many are denied the privilege."



Park Manor, a new 6-story private residence for elderly persons, built by the Presbyterian Hospital Association of Colorado, opened last month at E. 19th Ave. and High St., in Denver. The \$1.8 million building, financed under FHA provisions for loans to nonprofit groups who build housing for the elderly, with 138 apartment-type living units and 12 infirmary units, is open to persons over 65 of all faiths. Further information: Resident Manager, Mrs. Mabel Isaacson.



The Ventura, Calif., *Star Free Press* reports that a new home for the elderly, Ventura Estates, a project of the Seventh-Day Adventist Church with accommodations for 70, recently opened in the Conejo valley. This church's first venture in providing a housing development for the elderly, open to both members and non-members on a nonprofit basis, incorporates the results of surveys of hundreds of elderly persons in Southern California who were asked what they wanted most in a home to which they come to live.

Seven guest buildings built on an area of about 40,000 square feet and equipped with automatic fire detection devices, rooms with private entries and extra-large windows, covered connecting walkways, and many sheltered areas on the 20-acre grounds, are some of the features of this \$750,000 project.

Further information: Mr. R. R. Bietz, President of the Southern California Conference of the Seventh-Day Adventist Church, Glendale.

CONFERENCES AND COURSES

VIRGINIA

Governor Almond has issued a call for a Governor's Conference on Aging to meet in the Virginia Room of the John Marshall Hotel in Richmond on December 15. Invitations were issued to State agency and department heads, presidents of boards of county supervisors, chairmen of county welfare boards, city managers of larger cities, representatives of churches and groups interested in the problems of the aging, and representatives of leading industries throughout the State.

This conference is sponsored by the Virginia Commission on the Aging. A major part of the program is devoted to plans for the WHCA.

For more information: John E. Raine, Chairman, 511 Virginia Bldg., 5th & Main Sts., Richmond.



The 1960 Annual Convention of the National Association of Methodist Hospitals and Homes is scheduled for February 16-18 at the Deshler Hilton Hotel in Columbus, Ohio. Speakers include Secretary of HEW Arthur Flemming, Professor Marshall Dimock, Rev. Gaston Foote, and Bishop W. T. Watkins. More information: Victor B. Hann, President, NAMHH, 740 Rush St., Chicago 11.



A two-week course on "Principles and Practice of Geriatric Rehabilitation" will be repeated April 25 - May 6, 1960 at the Bird S. Coler Hospital in New York City. For registered nurses, occupational and physical therapists, and social workers, this course is planned to provide intensified training in the rehabilitation care of the elderly chronically-ill patient and will offer a comprehensive and practical presentation of such care in hospital, home, old-age home, and nursing home. It will consist of lectures, seminars, clinical demonstrations, and practice workshops. The course is supported by the U.S. Office of Vocational Rehabilitation and the New York State Department of Health. A limited number of Federal scholarships may be available for tuition, maintenance, and travel. Grants for New York State scholarships are available only to New York State residents or those showing evidence of intent to work in New York State. Tuition fee is \$100.

For a descriptive folder or further information: Dr. Jerome S. Tobis, Director, Department of Physical Medicine and Rehabilitation, New York Medical College, 1 E. 105 St., NYC 29.

PUBLICATIONS

"Programs and Resources for Older People," was published in November by the Federal Council on Aging in accordance with President Eisenhower's directive to Council Chairman Arthur S. Flemming. It is a review of current Federal activities in the field of aging, with a discussion of problems requiring further attention. Single copies are available without charge from the Federal Council on Aging, U.S. Department of HEW. Copies are also for sale at 30¢ (25% discount for 100 or more) from the Superintendent of Documents, Washington 25, D. C.



The October issue of *Employment Security Review* (Vol. 26, No. 10; \$2 per year, single copies 20¢; Superintendent of Documents, Washington 25, D. C.) contains interesting articles on "Employment Security in Sweden" (p. 11), and "Preretirement Counseling" (p. 21). This monthly journal is published by the Bureau of Employment Security of the U. S. Department of Labor with the cooperation of State Employment Security Agencies. It is distributed without charge to National and State Employment Security offices.



Recent items of interest in *The Labor Market and Employment Security* (Superintendent of Documents, Washington 25, D. C.; \$3 per year, single copy 30¢) include a rundown of nonfarm placement of workers over 45 (p. 49) in the September issue, and an article (p. 27) in the October issue on "Compulsory Retirement under Union Agreements—A Second Round" in the regular feature, "Recent Appeals Decisions on Employment Benefits."

This journal, which has a monthly full-page statistical table of nationwide "Selected Local Office Activities—Workers 45 Years and Over," is published by the Bureau of Employment Security of the U. S. Department of Labor.



A new (August 1959) edition of the booklet, "Housing the Elderly" by the San Antonio Housing Authority is available at \$2 from the Authority, P. O. Box 1117, San Antonio 6, Texas. A special chapter has been added to report on the features actually incorporated into a 185-apartment, multi-story building for the elderly, and a 36 apartment motel-type facility.

Those persons holding a copy of the original 1957 edition of the booklet may obtain the new chapter by sending 25¢ in stamps.

"Education for Aging," by Dr. Ambrose Caliver, appears on page 20 of the November issue of *School Life* (Vol. 42, No. 3; \$1 per year, single copy 15¢; Superintendent of Documents, Washington 25, D. C.). Dr. Caliver, Chief of the Adult Education Section of the U. S. Office of Education, reports on plans for the WHCA which show that we have come far in our understanding of what education can do for aging. *School Life* is the official journal of the Office of Education.



"80,000 Senior Citizens" (the story of what public housing has done and is doing for them), published by the Public Housing Administration, is a summary, with photographs, of existing federally aided low-rent public housing facilities for the elderly. Single copies are available without cost from Mr. Casey Ireland, Executive Assistant to the Commissioner, Public Housing Administration, Washington 25, D. C.

Copies are for sale by the Superintendent of Documents, Washington 25, D. C., @ 15¢.



"Care of the Patient with a Stroke," by Genevieve W. Smith, R.N., M.A., is a handbook for the patient's family and the nurse who must care for a stroke patient. In this readable handbook (Springer Publishing Co., Inc., 44 E. 23 St., NYC; 149 pp.; \$2.75), Mrs. Smith makes it clear that "home" is the best place for such a patient. Illustrations, suggested exercises and activities, an index, and a short reading list make this a valuable resource book as well as a practical guide. The author's preface indicates her sound approach:

When my husband had a stroke, I was shocked. Suddenly, a healthy, active man had become as helpless as a baby. What did one do for him? Was there any chance of recovery? These were the questions I asked myself. Although I was a nurse and had many years experience, still I could not answer the questions.



"Looking for It?", a guide to program planning for older people, issued by the Senior Citizens Association of Los Angeles County, Inc., 1547 Corinth Ave., Los Angeles 25, Calif., is available in limited supply for 12¢ in stamps to help cover mailing costs.

This active association also publishes a printed eight-page monthly *Association News* (10¢ a copy) which reports on projects and senior groups in the Los Angeles area. The "Keen-Agers," a group of senior citizens organized two years ago in a public housing development, are typical of several groups in the area with programs of special interest. For more information: Mrs. Marie Nelson, program chairman of the Association.

"Where Somebody Cares" by Mother M. Bernadette de Lourdes, O. Carm., and the Staff of the Mary Manning Walsh Home (G. Putnam's Sons, NYC; 1959; 252 pp; \$5), is an account of the Home's program for the complete care of its aged guests. It presents modern concepts in action. The text and 32 excellent photographs of the Home and its functions convincingly show these concepts.

The reader is taken step by step through procedures and activities, the philosophy underlying them, and the exact methods, reports, and equipment used—indeed everything the administrator and staff of a home for the aged need to know.

Requirements for admission, method of payment, guests' freedom of movement, and the emphasis on rehabilitation and on understanding the individual's rights and needs, represent an enormous stride forward in overcoming attitudes of providing only custodial care for aged, infirm persons.

The book is handsomely printed. It includes an "organization chart" which could be used as a model by most public and private agencies.



Vol. 1., No. 1 of the new newsletter of the Indiana State Commission on the Aging and Aged, *Mature Living*, appeared in October. In addition to the program of the State Commission's 4th annual conference, which was held October 31 at Earlham College in Richmond, the newsletter reports on several interesting developments and State WHCA preparations. Editor Harold B. Frame of 2303 Maple St., Columbus, Ind., welcomes news items for publication, especially from Indiana, and will be glad to provide further information about the availability of *Mature Living*.



"Guide to Better Health," by Harry J. Johnson, M.D. (Prentice-Hall, Inc., Englewood Cliffs, N.J.; 1959; XXV & 220 pp.; \$4.95), has been published by the Life Extension Foundation as a practical guide for a "day-by-day sense of well being, and a healthier, longer and happier life." Sleep, fatigue, tensions, food, vitamins, drugs, alcohol, smoking, heart and blood, exercise—all these and related topics are discussed simply and directly to help the reader find his own sense of well-being. A special chapter on "Longevity and the Golden Years" is included.

Erratum:

The address for the Home for Aged and Infirm Hebrews of New York was not given correctly on page 11, column 2, of AGING No. 60, October. The correct address is 121 W. 105 St., NYC 25. We regret the error.

Five syllabi in social gerontology, edited by Irving L. Webber, have been published by the Inter-University Training Institute in Social Gerontology (supported by a grant from the National Institutes of Health). They are available at 15¢ each, or 50¢ for the entire set, from the Institute for Social Gerontology, The University of Michigan, 1510 Rackham Building, Ann Arbor, Mich. Each course syllabus contains an outline and suggested readings as well as an annotated bibliography:

- I. "The Economics of An Aging Population," by Walter H. Franke and Richard C. Wilcock
- II. "The Psychology of Aging and the Aged," by Raymond G. Kuhlen and Woodrow W. Morris
- III. "The Sociology of Aging and the Aged," by Irving L. Webber and Gordon F. Streib
- VI. "Social Welfare and the Aged," by Gordon J. Aldridge and Fedele F. Fauri
- V. "An Interdisciplinary Course in Social Gerontology," by Bernice L. Neugarten and Robert J. Havighurst, and Claire F. Ryder.



"A Dream Coming True," by Margaret C. Schweinhaut, on page 19 of the October issue of *Retirement Life* (Vol. 34, No. 10; National Association of Retired Civil Employees, 1625 Connecticut Ave. NW., Washington 9, D.C.; \$3 a year, single copies 25¢) shows how "Maryland steps forward" toward the White House Conference on Aging. It is a provocative account of Mrs. Schweinhaut's personal interest in the problem of aging showing how she translated this interest into action in her State. She is Chairman of the Maryland State Coordinating Commission on Problems of the Aging.



The October issue of *Public Health Reports* (Vol. 74, No. 10; Superintendent of Documents, Washington 25, D.C.; \$4.25 a year, single copy 55¢), contains two articles of particular interest:

- "A Mental Health Program for the Later Years," by Jacob Tuckman and Alice T. Dashiell (p. 849), which reports on a Philadelphia center providing the city's senior citizens with professional aid in coping with the mental hazards of aging. This six-page article was presented as a paper at the American Orthopsychiatric Association's 36th annual meeting earlier this year.

- A recapitulation of "Meals-on-Wheels Projects" (p. 923), which describes activities in Columbus, Ohio, and Rochester, N. Y.



The December issue of the *Journal of Lifetime Living* (Vol. 25, No. 6; Box 538, Newark 1, N.J.; \$3 a year, single copies 35¢) features on interesting directory of outlets for homemade products of many kinds, "Where to Sell Home Crafts," on p. 35.

Pennsylvania has issued a three-page fact sheet on the "Pennsylvania Plan—White House Conference on Aging," which will be of particular interest to people in other States who want to make information about their WHCA activities more generally available. Copies, in limited supply, are available from the Governor's White House Conference Committee on Aging, Room 322, Health and Welfare Building, Harrisburg.



The Metropolitan Life Insurance Company has published a 29-page revision of an excellent "Home Nursing Handbook," expanded to give greater detail to the step-by-step techniques of actual home care of the patient. Those responsible for the sick in the home can carry out these simple easy-to-read instructions with assurance and confidence. The revision also contains more emphasis on how the family can face the emotional impact of serious or long-term illness.

Copies are available from the Company's Health and Welfare Division, 1 Madison Ave., NYC 10. The Company is interested to learn for what purpose the publication (identified as (c) 561 L.W.) is requested.



"Missouri Nursing Homes," published by the Regional Health and Hospital Study, is available in limited supply from Dr. Eleanor Poland, Community Studies, Inc., 724 Railway Exchange Bldg., Kansas City 6, Mo. This is "A Study of Nursing Homes, Boarding Homes and Homes for the Aged and Their Patients or Residents" (issued as Publication No. 128, August 1959, 87 pp.), which was supported by both the Division of Health of the State of Missouri, and by the U. S. Public Health Service. Some 20 pages of tables follow a text which analyzes the States' nursing homes and their patients, and gives a short comparison with homes in other States. Dr. Poland was the project director.



An expert consultant on retirement and pension systems has published the second edition (November 1959) of her guide, "Federal Taxes on Benefits from Your Retirement System." With 27 examples covering most types of retired taxpayers, accompanied by reproductions of completed Federal income tax returns, as well as illustrative annuity tables, this publication will be useful for taxpayers and their survivors who derive income from annuities and pensions. Copies are available at \$1 from Madaline Remmlein, 1500 Massachusetts Ave. NW., Washington 5, D.C. Discounts on quantity orders.

"The Aging Population of St. Louis," a report on the older population in the St. Louis Metropolitan Area in 1950 and in 1957, by Sarah Lee Boggs, was published in September by the Health and Welfare Council of Metropolitan St. Louis, 417 N. 10th St., St. Louis 1. This 23-page (mimeographed) report is available at 50¢ (stamps or coin) from Mr. Robert Elkin, Research Director. It describes where the older people live, their numbers, and some of the characteristics of the neighborhoods in which they live, in addition to personal characteristics.



Four books of interest to readers of *Aging* are available from Harian Publications, Greenlawn, Long Island, N. Y. While many bookdealers carry these titles, they are also available directly from the publisher, postpaid:

- "Where to Retire on a Small Income," by Norman D. Ford (10th edition, 64 pp.; \$1) is already well known. Includes maps, special pointers on hay fever, small tracts, retirement hotels, etc.

- "How to Earn an Income While Retired," also by Norman D. Ford (2nd edition; 88 pp.; \$1.50), gives case histories as well as advice on how to retire young: "Easy-to-start part-time and seasonable businesses for young and older people planning retirement—also some ideas for widows."

- "America's 50 Best Cities—in which to live, work, and retire," by Norman D. Ford (2nd edition; 104 pp.; \$2), includes the author's evaluation and description of the five best resort cities, the five cheapest cities, the four best cities for retirement jobs, and five favorite cities for living in the later years. All of the author's choices are in the South, Southwest, and Far West.

- "How to Have Money to Retire On," (2nd Edition, 1959; 88 pp.; \$2.50) by the editors of Harian Publications, provides information on investments.

None of these books includes up-to-date information on social security benefits.



A bibliography, "The Aging," has been issued by the North Carolina State Library, Box 2889, Raleigh, especially for the State Coordinating Committee on Aging. Requests for free copies should be accompanied by 6¢ in stamps to cover mailing. This accumulated edition (14 pp.; September 1959; mimeographed) will be supplemented from time to time as new materials become available. It includes both pamphlets and books.

The "Proceedings" of the first National Conference of the Joint Council to Improve the Health Care of the Aged (held June 12-13, 1959 in Washington, D. C.) have been published in a 180-page volume. Included is the complete text of formal papers and remarks of discussants, a listing of program participants, of appointed representatives of member organizations and their State affiliates, and of observers of national organizations. A limited number of single copies is available from the Council, 139 N. Clark St., Chicago 2. The American Dental Association, American Hospital Association, American Medical Association, and American Nursing Home Association are member organizations.



"Chronic Illness in a Rural Area," Volume III of a Commonwealth Fund series on Chronic Illness in the United States, by Ray E. Trussell and Jack Elinson (Harvard University Press, Cambridge 38, Mass; 1959; XII & 440 pp.; \$7.50) is the last of four studies made by the Commission on Chronic Illness. (Volume IV was noted in *Aging* 42; Volume I, *Aging* 37; Volume II, *Aging* 28.)

This volume is the report of a survey made in Hunterdon County, N. J., to advance the methodology of morbidity surveys, to obtain new estimates of the prevalence of chronic illness and disability in a rural population, to determine medical and related services needed, and to evaluate the rehabilitative potential of the disabled. The Hunterdon survey was divided into five inter-related, successive phases.

In the first phase, 600 volunteers delivered a 12-page questionnaire to every household in the county; 56% (self administered) were returned.

In the second, trained interviewers obtained information about more than 13,000 persons in one-third of the families in Hunterdon County. The average age of those who experienced long-term disability was far higher than that of the other groups.

In phase III, physicians who had treated a subsample in the family interviews were asked to verify the conditions about which the patient complained, and to make a further diagnosis.

A teamwork approach was taken in phase IV which consisted of a clinical evaluation of a representative population sample.

Multiple screening was phase V.

The findings of this comprehensive series of research efforts cast serious doubt on certain previous methods of chronic illness surveys, and demonstrated a far greater prevalence of chronic disease than was found in previous surveys. Most tables carry a "45-64" and "65 plus" years breakdown.

"What Do We Want For Our Senior Citizens?" is a very effective handout or "throwaway" type leaflet, for use at exhibits, meetings, etc., with information about the New Jersey State Division of Aging, 129 E. Hanover St., Trenton. Copies are available without charge if a stamped, self-addressed letter-size envelope is included with each request.

Also available without cost from the New Jersey Division of Aging, in limited quantity to persons dealing with services for elderly persons, is the August 1959 issue of *Public Health News* (published by the New Jersey State Department of Health), which is devoted to "The Senior Citizen in the Community." It contains proceedings of the April 1959 Governor's Conference on Aging, described by Governor Meyner as the "best attended conference of its kind ever held in the United States." Papers presented by outstanding experts in various aspects of the field of aging are included.



A very interesting speech Dr. Mel J. Ravitz of the Wayne State University Sociology Department, "Role of the Aged in American Society" (6 pp.; processed), given on November 13, is available in limited supply, without charge, from the author, Detroit City Plan Commission, 8th Floor, City-County Building, 400 Woodward, Detroit 26.



An interim report and case study (May 1959; 7 pp.; processed) prepared by Mason C. Doan of the Research and Statistics Division of the Federal Housing Administration, is an encouraging account of the Vine Court housing project for the elderly in Hartford, Conn., which has met with remarkable success the need for multi-family, low-rental, private housing arrangements for retirees. The non-profit sponsor in this case is Church Homes, Inc., a group of Congregational churches. The report includes a chronological outline of steps taken from initiation to completion, which will be of particular interest to future sponsors of FHA-insured housing projects for the elderly. Single copies, in limited supply, are available from Mrs. Mary Cleverley, Housing for the Elderly, FHA, HHFA, Washington 25, D. C.

The Home-Study Department of the University of Chicago (60th at Dorchester, Chicago 37) has issued two interesting reports on experience with the learning ability of older people. Both are available upon request, in limited supply, from the Department's director, Mr. Leonard S. Stein:

● "Administrative Report No. 4" (Nov. 1, 1958; 8 pp.) describes the Department's Citizens' World Affairs Program. It begins by pointing out that older people—especially older men—do better in this unique program than younger people.

● "Administrative Report No. 7" (Sept. 1959; 16 pp.) discusses a course on personal "Common Sense" investments, and points up the same phenomena.

Mr. Stein cites these two reports in support of the view that correspondence courses offer a particularly attractive opportunity to people over 40, who tend to be better learners, more persistent and presumably more highly motivated, and who enjoy the convenience of this medium of education.



"The Retired Man Looks Back," an 11-page summary of discussions of the Tuesday Men's Luncheon Club, Senior Center, Community House, 620 Lincoln Ave., Winnetka, Ill., was published to give thoughtful answers to the question: What would we do—differently—the second time around? A group of retired men examine problems of when to prepare for retirement, what planning programs individuals should develop, how mandatory retirement can be faced, and then go on to explain how they themselves happened to retire. In a plastic binding, this booklet is available in limited supply at 25¢ per copy. Requests may be addressed to Mrs. Janet S. Burgoon, Director of the Senior Center.



"Financial Arrangements at Various Homes for the Aging" (9 pp., processed, July 15, 1959) is the latest paper by Wm. T. Swaim, Jr., Executive Secretary, Presbyterian Homes of Central Pennsylvania, Dillsburg, Penna. A compendium of financial requirements for admission to nearly 30 representative Homes in the United States, it is available free of charge from the author.